



Moncrief Construction  
**SPORTS CENTRE**

# PD DAY

---

## APRIL 7, 2025

---

### POOL

7:00 - 9:30 am: Lane Swim  
8:15 - 9:00 am: WaterFit  
8:30 - 9:00 am: GentleFit  
9:30 - 11 am: Sponsored FREE Family Swim  
11:30 am - 12:30 pm: Lane Swim  
11:30 am - 12:30 pm: Leisure Swim  
1:00 - 2:30 pm: Sponsored FREE Open Swim  
3:00 - 4:00 pm: Lane Swim  
3:00 - 4:30 pm: Leisure Swim

### ICE

8:00 - 9:30 am: Youth Open Hockey  
Ages 7 - 9  
9:30 - 11:00 am: Youth Open Hockey  
Ages 9 - 12  
11:00 am - 12:00 pm: Tot & Me Skate  
2:30 - 4:00 pm: Sponsored FREE Public Skate

All skates are \$3 plus applicable taxes



Northwestern Ontario  
Métis Child &  
Family Services